

FRON GOCH FARM

SOME OF OUR FAVOURITE WALKS IN NORTH WALES



This handbook contains a dog walking guide, and a few of our favourite walks within 45 mins drive of the house. We'll add to the list as we discover more! The bookshelf in the living room also has a couple of North Wales walking guides if you need further inspiration.

Remember that you are also welcome to walk your dog up the hill behind the house. There is a small map and instructions in the welcome pack.

Beaches for dog walking

From closest to furthest, here are our top 4 beaches to walk your dog in North Wales. All have good parking and are suitable for dogs year round (though there may be some restricted areas in mid-Summer). Visit at low tide and you'll have more space to throw a ball!

Abergele Pensarn Beach: Pensarn Beach Car Park - LL227BU



West Shore, Llandudno: West Parade - LL302BG



Morfa Conwy, Conwy: Morfa Conwy Beach Car Park - LL328GA



Newborough Beach, Anglesey: Newborough Warren & Ynys Llanddwyn Car Park - LL616SG
(If you visit at low tide, you can walk onto Ynys Llanddwyn and visit the Abbey and Lighthouse!)



Walk to Devil's Kitchen and Cwm Idwal

Route Summary:

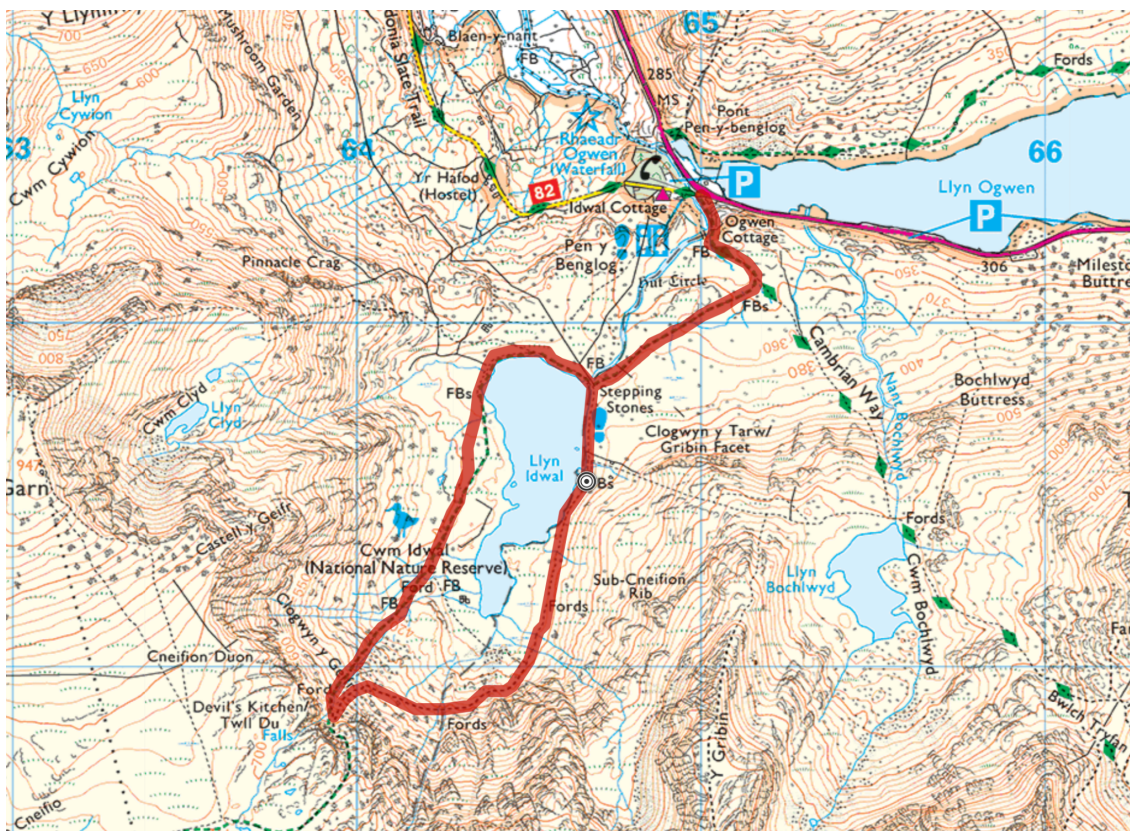
Popular walk, not to be underestimated as the highest point is over 600m and the route steep in places.

Route Start Location: Idwal Cottage visitor centre - LL573LZ

Activity Type: Moderate Walk

Length: 7km

Parking : Limited parking available. Pavement parkers on the A5 may be ticketed.



The walk up to Twll Du – or Devil's Kitchen – and Cwm Idwal in the **Glyderau** may only be a short walk, but you need to be prepared for some serious terrain. The route up to the Devil's Kitchen is steep and rocky, bordering on scrambling in places. If in any doubt, you could take a **circular walk around Cwm Idwal**, which is much easier and still spectacular.

The final walk up to Twll Du may be worth it, but is steep and slightly scrubby and remember that as the highest point of the walk is 600m up in the **Glyderau**, that this is a mountain walk.

The main downside of any walks in Cwm Idwal and the Devil's Kitchen is the popularity of the area and anyone seeking solitude should avoid during normal waking hours, and especially during the holiday season!

Llyn Crafnant Walk from Capel Curig

Route Summary: A beautiful moderate walk with amazing scenery, especially in the hidden Crafnant valley. Starts and ends in Capel Curig, but you can divert to the excellent Siabod Cafe at the end of your day!

Route Start Location: Car park behind Joe Brown's, Capel Curig LL240EN

Distance: 11.83km



There are plenty of ways to explore Llyn Crafnant, and this walk from Capel Curig offers longer sections of trail walking than its northern counterpart from Trefriw. The walk starts in the heart of the village, heading east and then north along well-defined paths.

A steep section offers excellent views of the Crimpiau summit before a similarly steep descent links your route with Crafnant Road. Follow this up the eastern side of the lake, enjoying marvellous views of the mountains to the west, then loop around at the top to take a forestry track back down the opposite shore.

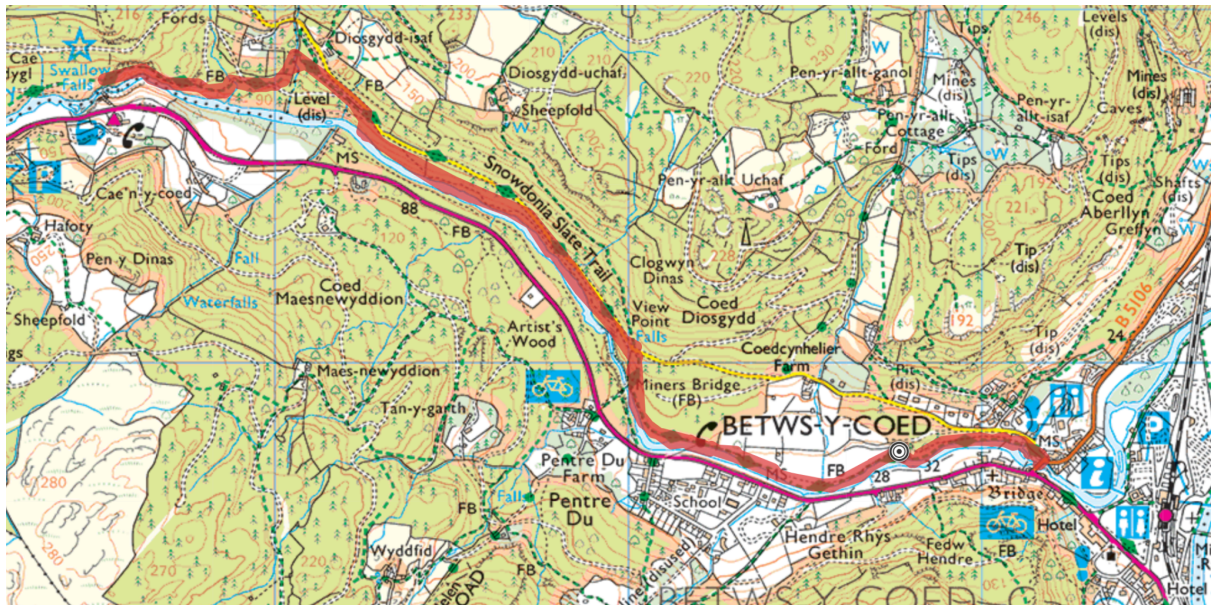
A quick dash through the woods links up with the path you came in on, retracing your steps all the way back to Capel Curig.

Swallow Falls from Betws y Coed

Route Summary: An out and back walk to one of the must see waterfalls in Snowdonia. Mostly easy terrain, with the odd muddy, rooted section.

Start and Finish: Betws-y-coed, car park near Cunninghams.

Distance: 6.9 km **Ascent:** 207 m **Time:** Approx. 2 hours



Starting the walk at the far end of Pont y Pair, next door to the Cunninghams outdoor store, the route is clear to follow. Head towards the Afon Llygwy and the good wide path along the bank. The initial section follows the way-marked Coed Tan Dinas track, with clear red arrows denoting the way. Beyond the woodland, the track enters open farmland along the river bank.

Continue on a muddy path into the woodland, with the going a bit slower over all the tree roots. The path is now way-marked in blue as you join the **Pen yr Allt Trail** for a short distance. This now brings you up towards the famous Miner's Bridge, which was washed away in a flood a couple of years ago. Follow the path up to a minor road.

Continue on the minor road for around 1km, ensuring you don't get tempted by the numerous minor paths that venture off down left. After 1km a wide track heads off left, take this track which soon becomes a good path. Keep your eyes peeled for a yellow way-marker as you now join the Swallow Falls Trail, which starts on a minor road near Llyn Sarnau. It's not immediately apparent, as the trees block the view, but this final section is along a ledge half way up a cliff – so make sure you also look up!

Finally – you'll arrive at a set of wooden steps which take you down to the viewing area and a seat. It's worth taking some time to enjoy the view, considering the effort taken to reach here. On the opposite side of the river, the tourists from the A5 flock to see the falls, with your view guaranteed to be quieter.

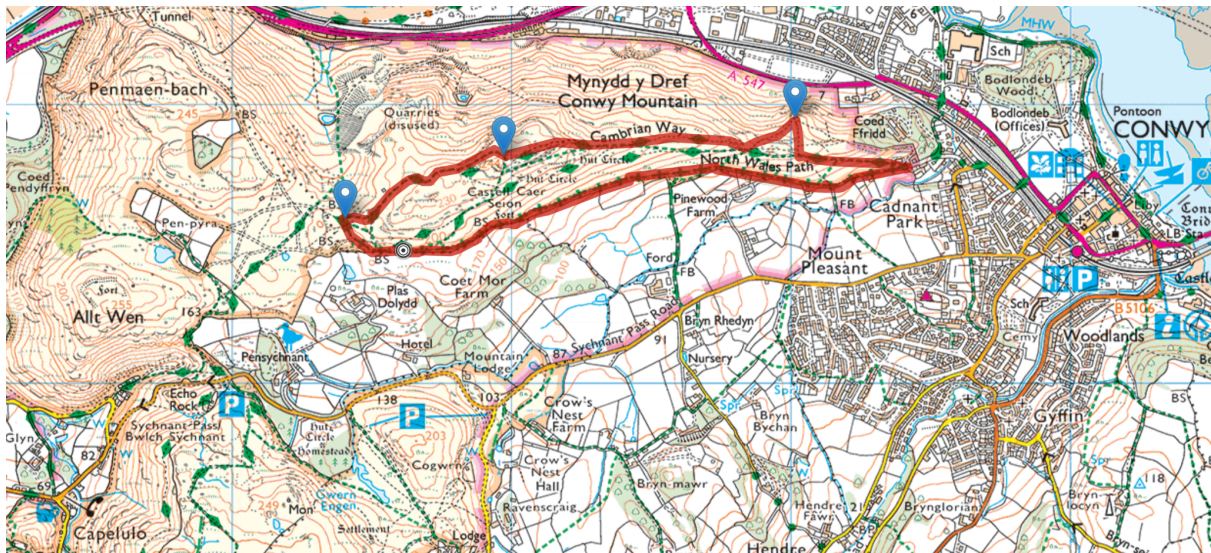
Conwy Mountain circular walk

Route Summary: A short walk to the summit of Conwy Mountain – Mynydd y Dref – from the historic town of Conwy. Despite being short and lowly, the paths are rough and the walk feels like a proper hill. You can extend the walk out towards Penmaen Bach hill and Alltwen if you wanted a slightly longer outing.

Start and Finish: Mountain Road, Cowny LL32 8PU (or Cowny Town)

Distance: 5 km **Ascent:** 241 m **Time:** Approx. 2 hours

NB: This walk can easily be extended by following the path down to Capelulo and the fantastic Fairy Falls pub.



The lowly summit of Mynydd y Dref, or Conwy Mountain, lies about a stone's throw from the walled town of Conwy. We'd recommend basing yourself in the town for the day, walking this walk first and then exploring Conwy's town walls, Conwy Castle and the town itself. While Conwy Castle is surely impressive, there's also some fortifications on the summit of Mynydd y Dref from earlier times. You can still make out the walls in places, including quite a clear entrance on the summit.

Full writeup here:

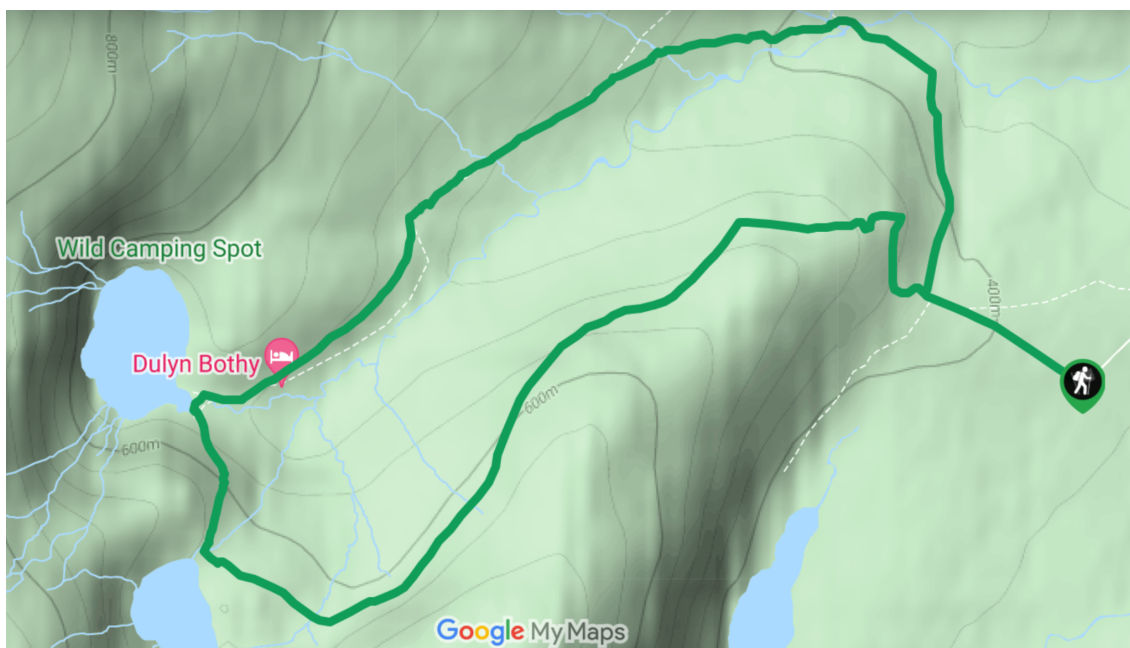
<https://www.mudandrout.es.com/routes/walk-up-mynydd-y-dref-conwy-mountain/>

Llyn Dulyn circular walk

Route Summary: The Llyn Dulyn circular walk takes you deep into the remote wilds of Snowdonia without having to summit a mountain! A winding rural lane brings you to a valley flooded with light and surrounded by slopes, the imposing Carneddau crags to the west. Walk to the shores of Llyn Dulyn (maybe taking a dip if you're brave!) and stop by the mountain shelter of Dulyn Bothy. Stroll back through the valley, crossing a river and enjoying the views at every step.

Start and Finish: Cwm Eigiau car park - SH 73182 66326

Distance: 8.9 km **Ascent:** 273 m **Time:** Approx. 3.5 hours



From the car park, set off along a path bearing northwest. Cross through a stile and past a sheepfold. You'll see your return path branching off to your right – keep going past this until your track does indeed bend right then back to the left as it works around the base of Clogwynreryr. Continue ascending along the path, which turns to the north as you pass a ruin and brings you toward the northeast corner of Melynlyn Reservoir. An obvious path continues north to the shores of Llyn Dulyn.

You may find it hard to tear yourself away from the majestic views of the Carneddau rising steeply to the west, on the far side of the lake. Once you do, a footpath (fainter than your entry track, but still clear) leads you through the valley in a northeast direction. The Dulyn Bothy mountain shelter is quite close to the lake, one of the most remote in all of Wales. It's worth a peek, or makes for a good break spot if the weather is unforgiving.

Continue along the footpath, keeping the stream on your right, until you reach a small footbridge just below a dam. The path quickly turns on a southern bearing past the abandoned Maeneira farm. Continue south until you reach the track that you came in on, leading back to the car park.

The Cwm Eigiau Horseshoe, Carneddau Range

Summary:

The Cwm Eigiau Horseshoe is a serious, full day 19.6 kilometer loop trail located in the Eigiau Valley. Some moderate scrambling required. Spectacular views over the Carneddau and Snowdon ranges. A serious, committing walk which doesn't always follow a well established path.

Start and Finish: Cwm Eigiau car park - SH 73182 66326

Activity Type: Difficult Walk/Some Scrambling

Length: 19.6 km

Elevation gain: 1,351 m



A great writeup of this walk can be found here:

<https://allthegearbutnoidea.blogspot.com/2017/05/the-cwm-eigiau-horseshoe.html>